

Community

Healing

Centers

- **4** 269-343-1651
- www.communityhealingcenter.org
- **♀** Serving Southwest Michigan

Friends and Supporters,

As we reflect on the past year, we are filled with gratitude for the incredible support we have received from our vibrant and compassionate community. Your unwavering commitment to our mission has been the driving force behind our successes, and we are excited to share with you the impact we've made together.

This year has been a testament to the strength and resilience of our community. In the face of challenges, we have come together to make a difference in the lives of those who need it most. Your generosity and dedication have allowed Community Healing Centers to expand our reach and provide vital services to individuals and families facing various hardships.

We are thrilled to announce that, thanks to your support, we will be embarking on an exciting journey of growth in the coming year. Our commitment to serving the community is stronger than ever, and we have ambitious plans to enhance our programs and initiatives. This expansion in services will enable us to address emerging needs and reach even more individuals who require our assistance.

The heart of our organization lies in the relationships we build with each and every one of you. Your involvement, whether through volunteering, donations, or advocacy, has been instrumental in creating a positive impact. We recognize that without your support, our accomplishments would not be possible, and we want to express our deepest gratitude for standing by us.

Looking ahead, we are filled with anticipation for the opportunities that the future holds. Together, we can create lasting change and build a stronger, more compassionate community. As we embark on this exciting journey of growth, we invite you to continue partnering with us, as your support remains crucial to our success.

Your kindness, generosity, and commitment to making a difference inspire us every day. We are excited to continue this journey together and to see the positive impact we can achieve as we grow to better serve our community.

With heartfelt gratitude,

Alisa Otto, Interim CEO

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Blanca Ramirez
Deputy Director for Children
& Family Services

"Community Healing Centers provides support and inspires hope to people in need. I am proud to serve the CHC board in service to our community of Kalamazoo."



Melanie KelleyStudent and Community Volunteer

"Serving on the Community Healing Centers Board of Directors allows me to be apart of an organization which has personally helped my family. Board membership is a unique opportunity as a student of business because I get to see the culmination and results of all the hard work of every member of the CHC staff."

Mission

We strive to strengthen our communities by helping children, families, and adults heal from the trauma of abuse, addiction, and behavioral and mental health disorders.

Vision

We believe that reaching out to our community with prevention, intervention, and treatment services is an effective, equitable way to deliver care, information, and support to those in need.

Core Values

INCLUSIVITY

We provide an inclusive, diverse, and equitable environment that is accessible to all.

RESPECT

We treat all with dignity and respect.

INTEGRITY

We hold ourselves to the highest standards of ethical behavior.

COMMUNICATION

We promote transparent, safe, and productive communication.

CLIENT-CENTERED CARE

We serve our clients with trauma-informed kindness, empathy, and understanding.

COLLABORATION

We work together to build relationships to fulfill our mission.

DIVERSITY, EQUITY, AND INCLUSION

At Community Healing Centers, we recognize the impact of historical and systemic oppression on the wellbeing of children, adults, families with marginalized identities, and the community. We believe all people must have access to high quality and equitable care to heal from trauma, addiction, mental and behavioral health disorders. We are committed to challenging CHC structures, policies, and practices for inequity and barriers. We will make diversity, equity, and inclusion integral in our organizational structure, policies, practices, and program delivery.

OUR VALUED PROVIDERS



Abby Johnson Children's Outpatient Therapist



Alecia Walker-Mister Residential Therapist



Amber Walker Supervisor of Children's Community Based Services



Ar'Chay Alexander Children's Advocacy Center Family Advocate



Barry Stephens Mental Health and Substance Abuse Therapist



Chandelle Johnson Youth Therapist



Diane Stein Nurse Practitioner



Heather Mitchell Adult Outpatient Therapist



lesha Patterson Children's Case Manager



George Thompson Jr.
Adult Outpatient
Therapist



Jonathan Stewart Residential Therapist



Jasmine Love Children's Advocacy Center Therapist



Karra Larkins Adult Outpatient Therapist



Katie Perricone Social Emotional Consultant



Leona Brown-Insley Children's Advocacy Center Therapist



Maria Aguirre-Rojas Early Intervention Home-Based Therapist



Michelle Molitor Adult Outpatient Therapist Intern



Saige Cripps Children's Advocacy Center Forensic Interviewer



scot miller Residential Therapist

CHILDREN'S ADVOCACY CENTER OF KALAMAZOO





Pamela Hampton-Wright, she, her, hers Director of Children's Advocacy Center and Youth Services

The Children's Advocacy Center (CAC) of Kalamazoo is a safe place for children who have been sexually or severely physically abused. Our program is proudly accredited by the National Children's Alliance and serves the southwest Michigan community. CAC services include forensic interviewing, mental health services for survivors and their non-offending family members, victims' rights assistance, medical referrals, and collaborative efforts with law enforcement and victim witness advocates who work together to further the investigation, treatment, and prosecution of child abuse cases. Our services are provided at no cost to families and children.

220 children, siblings and caregivers received mental health services with our CAC therapists **147** Forensic Interviews were conducted



CHILDREN'S SERVICES



Victoria Orbe, she, her, he Clinical Director of Children's Services

Our Children's Programs provide a variety of critical services to infants, toddlers, children, and adolescents aged 0 to 17. Our Children's Treatment and Outreach Program offers a wide range of services from child therapists to family support services, including counseling, parent-child interaction therapy (PCIT), and adolescent outreach. Through effective counseling and programming, children and their families learn how to address problems and challenges they experience. Our Infant Mental Health services are for parents and caregivers with infants and young children ages 0 to 6. We provide intensive home-based therapy and case management services to children and families living in Kalamazoo County. These services focus on alleviating concerns identified by the family related to attachment, development, and the behaviors of the child.

173 Clients Served | 903 Home and Case Management Visits640 Outpatient Therapy Sessions | 34 Substance Abuse Assessments



AFTER SCHOOL PROGRAMS - NIÑAS DEL CORAZÓN



Esmirna Amaya, she, her, hers Girls of the Heart Program Supervisor

Niñas del Corazón (Girls of the Heart) provides after school and summer programming for Latina youth living in Kalamazoo. The program addresses environmental factors and concerns identified by the Hispanic community, such as low academic performance, underage substance use, and acculturation. Niñas del Corazón is led by college-aged, Hispanic and bilingual females. Program staff work to build respect and trust, boost academic performance and social emotional development, and empower Latina youth to excel.

23 niñas participó este año | 23 girls participated last year



"Having a safe and warm place to do activities, homework, and have fun with friends has been really important in helping with my overall life including my grades, mental health, and wellbeing." - Program Participant

AFTER SCHOOL PROGRAMS - S.T.R.E.E.T.



Ja'Nequa Walker, she, her, hers S.T.R.E.E.T. Program Supervisor

The S.T.R.E.E.T. Program provides mentorship and community in a safe and supportive home-like environment, for young men ages 12-17 living in Kalamazoo County. Using a trauma-focused approach, S.T.R.E.E.T. works to eliminate racial barriers and address systemic inequities, providing academic support and unique experiences while reducing underage drinking and drug use.

33 young men participated in the S.T.R.E.E.T. after school program



SURVIVAL We provide immediate support to help them survive.

TRUST We build relationships based on mutual respect and trust.

RESOURCES We provide the resources they need.

EDUCATION We provide education and opportunities to rebuild self-esteem.

EMPOWERMENT We empower them to move forward.

THEY They become productive and positive role models for their peer groups and neighborhoods.

PREVENTION



Ra'Nia Bush, she, her, hers Katie Newby, she her, hers Prevention Associates

Our Prevention Services are led by a team of specially trained staff who provide best practice and evidence-based curriculum to youth in Kalamazoo. The purpose of the programming is to reduce risky behaviors among youth, including the use of drugs and alcohol. In addition to providing youth education services, our staff also conduct visits to local businesses that sell alcohol or tobacco to educate them on the dangers of selling these products to minors.

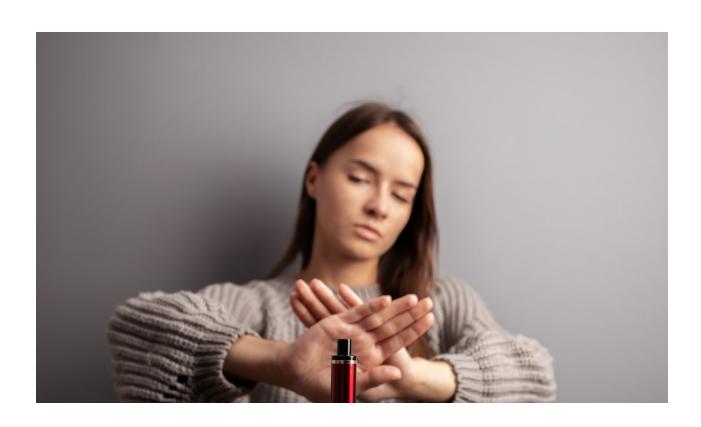
S.T.R.E.E.T. - 13 youth - 2 sessions weekly

Juvenile Residential Home - 27 youth - 2 sessions weekly

Niñas Del Corazón - 10 youth - 2 sessions weekly

Kalamazoo County Drug court - 7 youth - 2 sessions weekly

Educational Social Media/Email Outreach - 2,462 people reached



OUTPATIENT MENTAL HEALTH COUNSELING

and Substance Abuse Support



Colin Mandigo, he, him, his Clinical Director of Adult Outpatient Services

Adults receiving outpatient mental health counseling and substance use disorder services are assessed to identify needs and treatment plans are developed to create a personalized, therapeutic program. We specialize in healing various forms of trauma, providing intensive outpatient services, and peer support services. We provide services to individuals with or without insurance and offer a variety of therapeutic modalities including Cognitive Behavioral Therapy, talk therapy, intensive group therapy, EMDR (Eye Movement Desensitization and Reprocessing), and more.

4,611 therapy sessions | 637 persons served



INPATIENT RECOVERY SERVICES

Gilmore Treatment Centers



Tawanda Clark, she, her, hers Clinical Director of Inpatient Adult Services

For adults ages 18+ seeking recovery from a substance use disorder, our Gilmore Detox and Residential Program provides inpatient treatment and detoxification services. We provide 24-hour medical monitoring and nursing care to assist with withdrawal during detoxification and throughout treatment. During their 10-14 day stay, clients participate in individual and group counseling sessions, AA/NA meetings, and various activities that promote a positive, nurturing recovery environment. Our program is the only subacute detox center in southwest Michigan that welcomes low-income clients and is equipped to work with pregnant women.

755 individuals sought inpatient recovery services in 2023



"I believe I now have the tools to go out into the world and be a success by being sober."

- Gilmore Treatment Center Client

RECOVERY HOUSING



Stefanie Belote, she, her, hers Recovery Housing Supervisor

Community Healing Centers offers recovery housing for men, women, and women with children. This program creates a supportive environment for individuals early in their recovery journey. Being in a stable and safe housing setting with experienced staff enables clients to focus on their recovery while fostering a self-sufficient lifestyle. We manage five homes throughout Southwest Michigan, each with distinct goals, methodologies, and residents.

72 men received 3,560 days of safe and sober housing services
35 women and 9 children received 2,546 days of safe and sober housing services
1 baby was born



CAROL'S HOPE



Veronica Hetler, she, her, hers Carol's Hope Coordinator

Carol's Hope is a vital resource for individuals in Berrien County who are affected by substance use disorders (SUD). Staffed by specially trained Peer Recovery Coaches, our program provides treatment navigation services for those who are ready to take their first step towards recovery. We are open to adults 18 years and older, with or without insurance. Our team works to secure funding, placement, and transportation for individuals who are ready for intensive SUD treatment. Aside from providing a safe, welcoming space as a navigation center, we are a Narcan distribution and training location, and host several local recovery meetings and family-friendly community events each month. In supporting those struggling with SUD. Carol's Hope plays a role in the overall health and well-being of the community and is proud to be the start of the road to recovery.

568 individuals were successfully admitted to treatment for their substance use disorder More than **3,000** people were supported over the phone or via Zoom



FUNDRAISING



Allysa Crittenden, she, her, hers Development Director

Fundraising events raised \$183,350 in 2023

ROOF SIT, SERVE FOR KIDS, COMING TOGETHER CONFERENCE















Mental Wellness • Rehab • Recovery

