



# HEALTHY HOUSE

For Women

**All Women,  
Safe, Sober, Self-Sufficient**

# History—Who We've Served



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- Our organization has existed since 2015 with the hope of supporting women and giving them another chance at life through offering a more structured living environment.

Life Skills

200+ Women

5000+ nights

50% women of  
color





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# Who We Serve:

Healthy House is a transitional home that give women an opportunity to fully immerse themselves in the journey of recovery in the hope of supporting them as they move towards sobriety and self -sufficiency.

Women  
leaving drug  
treatment

75%

Women  
currently in a  
dangerous  
environment

15%

Women  
needing a  
fresh start

10%



# Barriers With Women in Recovery



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Social Stigma and Unspoken Expectations

Gender Violence

Lack of Childcare

Lack of Women ONLY support groups



**Now...**



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Growth

Expansion of  
Staff

Growth

Evidence  
Based  
Programming

Growth

Housing  
Expansion



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**Programming:  
Be-Well Program  
Megan Allen, Program Director**



# Be-Well Program-Healthy House



The Be Well program at Healthy House provides transformative, wrap-around care for residents and provides them with a supportive network of community stakeholders. The program provides fundamental skills and assistance with removing barriers which puts them in a position to be self-sufficient.





# Standard program 0-6 months



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Life Skills

Social Support

Emotional  
Stability







# Standard program 6-12 months



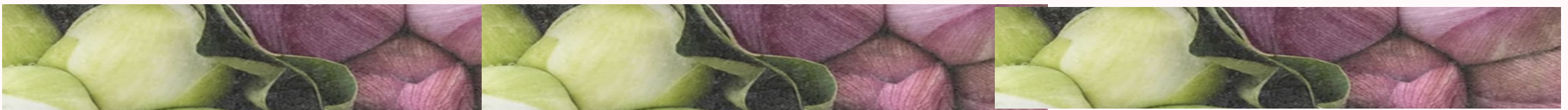
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Group  
Therapy

Financial  
Support

Housing  
Education

Job  
Readiness





# Programming 1-2 years



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Housing  
Preparation

Alumni Program

Social  
Enterprise



# How Can You Support?



HEALTHY HOUSE  
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Community  
Advocate

Partner

Donations

[www.healthyhouseforwomen.org](http://www.healthyhouseforwomen.org)

