



# ANNUAL REPORT

2022 IMPACT



COMMUNITY HEALING CENTERS  
We Help Heal



☎ 269-343-1651  
🌐 [www.communityhealingcenter.org](http://www.communityhealingcenter.org)  
📍 Serving Southwest Michigan

## To Our Community:

As I reflect on my last two years with Community Healing Centers, I am incredibly pleased with the hard work of our staff, volunteers, and community partners. Even as we continued to navigate through the pandemic, we were successful at completing significant capital improvements, increasing the number of Community Healing Centers staff, starting new programs, growing existing programs, and maintaining a strong financial position. These efforts will ensure our continued success as we move forward into the years to come. I am especially grateful for our current staff that are dedicated to making Kalamazoo and the surrounding area a better place to live, work, and raise healthy families. Our team ensures all people are served with dignity and respect, regardless of background. I would also like to extend a special thank you to each of our generous donors and funders who support us in providing affordable and accessible, life-changing services to everyone in the community, regardless of one's ability to pay.

As we continue to fulfill our mission to strengthen our communities by helping children, families, and adults heal from the trauma of abuse, addiction, and behavioral and mental health disorders we are also focused on doing meaningful work in the space of diversity, equity, and inclusion. At Community Healing Centers, we recognize the impact that historical and systematic oppression has on the wellbeing of children, adults, and families with marginalized identities. We believe all people must have access to high quality and equitable care to heal from trauma, abuse, and behavioral health disorders. We are committed to challenging our agency structures, policies, and practices for inequities and barriers. We will continue our focus on making diversity, equity, and inclusion integral in our organization structure, policies, practices, and program delivery.

I look forward to sharing our continued program growth, staff development, and services with the community and our stakeholders. Together, we make a significant impact in the lives of those in need.

On behalf of all the Community Healing Centers staff and the Board of Directors, thank you for your partnership and support.

Sincerely,



Chris Slater, CPA  
Chief Executive Officer  
Community Healing Centers



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## MISSION

We strive to strengthen our communities by helping children, families, and adults heal from the trauma of abuse, addiction, and behavioral and mental health disorders.

## VISION

We believe that reaching out to our community with prevention, intervention, and treatment services, is an effective, equitable way to deliver care, information, and support to those in need.

## CORE VALUES

### INCLUSIVITY

We provide an inclusive, diverse, and equitable environment that is accessible to all.

### RESPECT

We treat all with dignity and respect

### INTEGRITY

We hold ourselves to the highest standards of ethical behavior.

### COMMUNICATION

We promote transparent, safe, and productive communication.

### CLIENT-CENTERED CARE

We serve our clients with trauma-informed kindness, empathy, and understanding.

### COLLABORATION

We work together to build relationships to fulfill our mission.

## DIVERSITY, EQUITY, & INCLUSION

At Community Healing Centers, we recognize the impact of historical and systemic oppression on the wellbeing of children, adults, families with marginalized identities, and the community. We believe all people must have access to high quality and equitable care to heal from trauma, addiction, mental and behavioral health disorders. We are committed to challenging CHC structures, policies, and practices for inequity and barriers. We will make diversity, equity, and inclusion integral in our organizational structure, policies, practices, and program delivery.

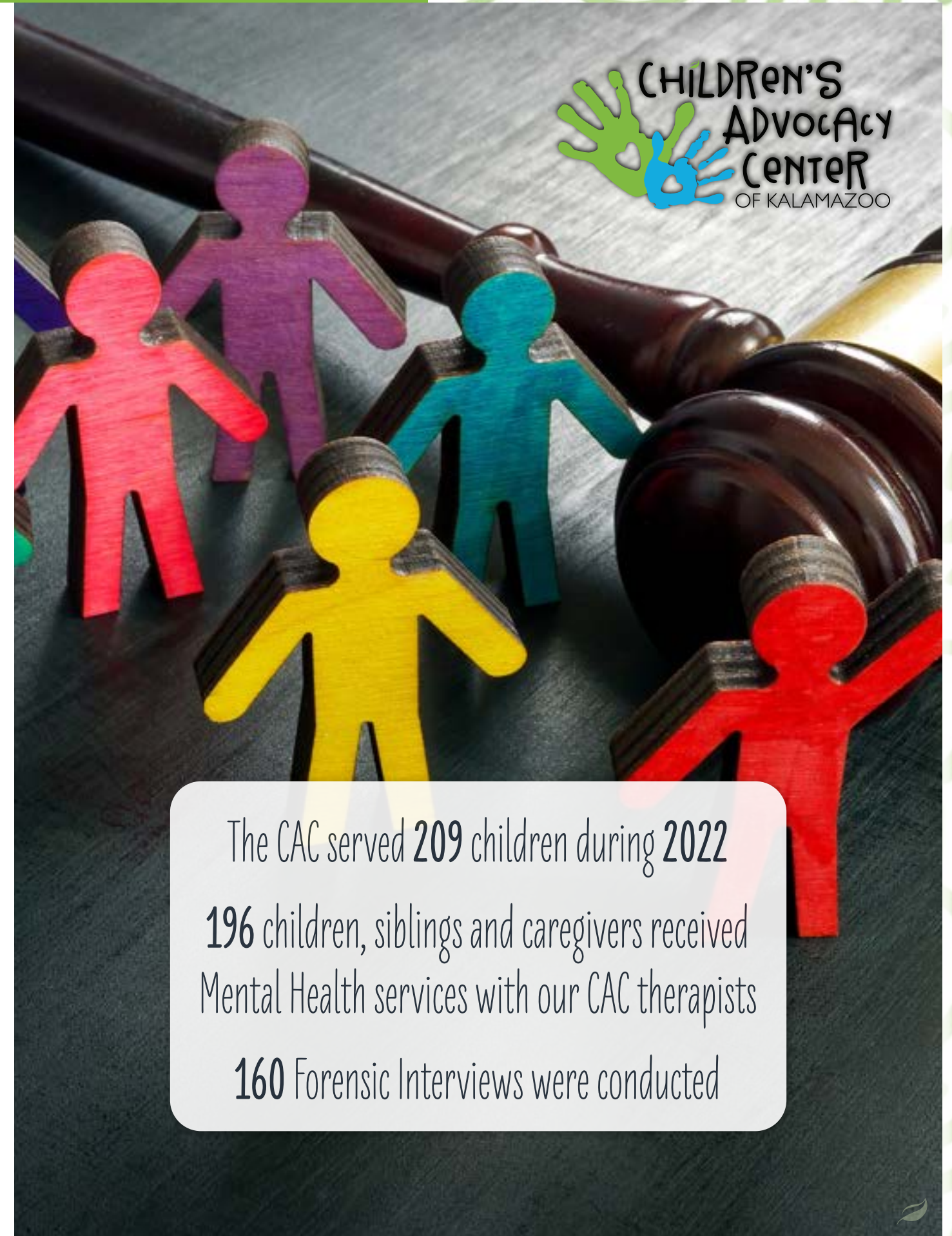


## CHILDREN'S ADVOCACY CENTER of Kalamazoo



The Children's Advocacy Center of Kalamazoo (CAC) is a caring, child-focused, safe place for children who have been sexually or severely physically abused. Here, children are interviewed by our specially trained forensic interviewer while an investigative team, including law enforcement and victim/witness advocates, works together to further the investigation, treatment, and prosecution of child abuse cases.

CAC services also include criminal/civil justice system assistance, crisis hotline assistance, mental health intake appointments, crime victims' rights assistance, CPS referrals, medical referrals, and personal advocacy. The CAC provides individual and group therapy, offered by our therapists who are highly trained and certified in utilizing evidence-based techniques. All of these services are provided at no cost to the families and children who need it.



The CAC served **209** children during **2022**  
**196** children, siblings and caregivers received  
Mental Health services with our CAC therapists  
**160** Forensic Interviews were conducted

## AFTER SCHOOL PROGRAMS

S.T.R.E.E.T. provides after school and summer programming for Black male youth, ages 10-17, who live in Kalamazoo. This program operates during critical after school and summer hours in which these young men, who live in potentially high-risk neighborhoods, may otherwise go unsupervised.

The program uses evidenced-based education opportunities to build self-esteem and empower youth to make positive life choices, while addressing academic, social, and emotional or behavioral delays. S.T.R.E.E.T. is led by male and female mentors who come from similar backgrounds or who have had similar life experiences.



**28** YOUNG MEN PARTICIPATED  
IN THE S.T.R.E.E.T. AFTER SCHOOL PROGRAM

**SURVIVAL** We provide immediate support to help them survive.

**TRUST** We build relationships based on mutual respect and trust.

**RESOURCES** We provide the resources they need.

**EDUCATION** We provide education and opportunities to rebuild self-esteem.

**EMPOWERMENT** We empower them to move forward.

**THEY** They become productive and positive role models for their peer groups and neighborhoods.

Niñas del Corazón provides after school and summer services for Latina youth ages 8 – 15 who live in Kalamazoo. The program addresses environmental factors and concerns of the Hispanic community, such as low academic performance, underage substance use, and acculturation.

Niñas del Corazón operates out of local nonprofit, El Concilio, and is intentional in its proximity to the participants' neighborhoods and the staff who work with the youth.

The program is led by college-aged bilingual females, who are also Hispanic. Program staff work to build respect and trust, boost academic performance and social emotional development, and empower these young women to excel.

**21** NIÑAS PARTICIPÓ ESTE AÑO



**21** GIRLS PARTICIPATED LAST YEAR



49 Clients Served  
1019 Home/Community Visits  
65 Clients Served  
761 Sessions

## EARLY INTERVENTION PROGRAM



The Early Intervention Program (EIP) is for parents and caregivers with infants and young children ages 0 to 6. We provide intensive, home-based therapy and case management services to families in Kalamazoo County. Services focus on alleviating concerns identified by the family related to attachment, development, and behaviors of the child.

We aim to support parents, caregivers, and pregnant women in building a healthy environment and strengthening their relationship with their child. EIP utilizes an Infant Mental Health lens for therapy services, meaning that the parent's perspective of the family's needs and the relationship between parent and child are the central focus.

 Find the Leaf on Every Page

## OUTPATIENT MENTAL HEALTH COUNSELING and Substance Abuse Support

Adults receiving outpatient mental health counseling and substance abuse support services are matched with one of our specially trained therapists and can participate in person or via telehealth. Individuals are assessed to identify needs, and treatment plans are developed to create a personalized, therapeutic program. We specialize in addressing anxiety, depression, relationships, substance use and recovery, various forms of healing from trauma, intensive outpatient services, and peer support services. We provide services to individuals with or without insurance and offer a variety of therapeutic modalities including Cognitive Behavioral Therapy, talk therapy, intensive group therapy, EMDR (Eye Movement Desensitization and Reprocessing), and more.



Adult Outpatient Mental Health  
3,989 therapy sessions  
785 persons served

  
you are not  
alone

## INPATIENT RECOVERY SERVICES Gilmore Treatment Centers

For those seeking treatment for a substance use disorder, our inpatient Gilmore Detox and Residential Program provides treatment and detoxification services. This program serves adults 18 years and older, who are struggling with alcohol, opiate, or other drug dependencies. We provide 24-hour medical monitoring and nursing care to assist with withdrawal during detoxification. Upon completion of the detoxification portion of treatment, clients begin residential treatment,

which includes individual and group counseling sessions, AA/NA meetings, and various activities that help to promote a positive, nurturing recovery environment. The Gilmore inpatient program is the only subacute detox center in southwest Michigan that welcomes low-income clients and is equipped to work with and successfully treat pregnant women. The total length of low-income clients and is equipped to work with and successfully treat pregnant women. The total length of treatment typically involves a stay of 10 to 18 days.



## RECOVERY HOUSING

Community Healing Centers offers recovery housing for men, women, and women with children, that focus creating a supportive environment for individuals newly in their recovery journey.

The recovery housing setting and staff assist the client in being successful in their recovery, while bringing them back to a stable and self-sufficient lifestyle. We manage five homes throughout Southwest Michigan with distinct goals, methodologies, and residents.

1,209 days of safe and sober housing for children residing or visiting with women was provided at our confidential recovery housing locations throughout Southwest Michigan



Our recovery homes and inpatient facilities are always in need of the following; clothing of all sizes for men & women, shower shoes, oral hygiene products, feminine hygiene products, and arts & crafts supplies ➤



45 women and 15 children received sober housing services



3,022 days of safe sober housing provided for women



59 men received sober housing services



3,429 days of safe and sober housing provided for men





Carol's Hope is our crisis intervention facility in Berrien County that provides a supervised, supportive setting for individuals struggling with substance use and co-occurring disorders. We operate 24-hours Monday through Friday, with on call supports during weekends. Our services are open to anyone, 18 years and older, with or without insurance. As an alternative to emergency room care, the center provides clients a welcoming environment where individuals can

develop a recovery plan and connect to more intensive services. Our Peer Recovery Specialists assist in securing funding and placement for treatment of the client's substance use disorder (SUD) and provide a safe, welcoming space to stay while individuals wait for their placement in more intensive care. In supporting those struggling with SUD and co-occurring disorders, Carol's Hope plays a role in the overall health and well-being of the community and is proud to be the start of the road to recovery.

2,612 men visited Carol's Hope seeking crisis-intervention support in 2022

1,791 Women visited Carol's Hope seeking crisis-intervention support in 2022

Over 4,000 in-person, phone, and virtual support services provided to West Michigan communities

## FUNDRAISING 2022

Community Healing Centers was gifted **\$273,017** from individual and community partner donations



Fundraising events raised **\$229,376** in 2022

ROOFSIT, SERVE FOR KIDS, CAROL'S HOPE CHARITY GOLF OUTING, CAROL'S HOPE COMEDY SHOW

2022 Grant Total: **\$1,831,730**



Community  
**Healing**  
Centers



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