

VIRTUAL ZOOM GROUPS



FAMILY AND FRIENDS

Join us via Zoom every Tuesday, 5:00pm to 6:30pm.

Family and Friends is open to those who have loved ones currently in treatment, are looking to get help for their loved one, or are looking to learn self-care techniques to better cope with their loved ones' substance use disorder. This virtual group is confidential and facilitated by experienced, certified substance abuse professionals.

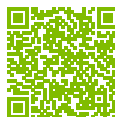
Get Involved - Facilitated by Community Healing Centers

If you'd like more information about Family and Friends, please call Gilmore Treatment Center at 269-382-9820 or email Charlene Taylor ctaylor@chcmi.org

ZOOM LINK: [CLICK HERE](#) 

<https://us02web.zoom.us/j/81064618363?pwd=Zm-JV0G12clFyencvcnRraTVnUkhWdz09#success>

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Preventing Risky
Situations in Your Family

Healthy Boundaries vs.
Unhealthy Boundaries

Codependency as an Addiction

Family Profile &
Strengthening Family Bonds

Research-Based Information,
Resources & More

Community
Healing
Centers