

Community  
**Healing**  
Centers

# 2020 ANNUAL REPORT



## To our community,

As with all affected by the pandemic, Community Healing Centers witnessed unprecedented challenges and implemented changes to meet our client needs. We continue to fulfill our mission of serving individuals, children, and families affected by the traumas of abuse, addiction, and mental health disorders throughout our community. Our staff has adapted to provide new service approaches such as telehealth and socially distant outdoor sessions to keep clients safe and engaged. We are proud to say our team managed these changes with a dedicated, positive outlook. We are incredibly grateful for the support of our employees, funding partners, local foundations, donors, and Board members. Each has played a tremendous role in helping us remain accessible to our clients and community throughout the pandemic, and today.

We are optimistic about this next season and have moved forward planning and executing our annual events, like Roof Sit and Serve for Kids. Our children's, outpatient, and residential therapeutic programs welcome the summer weather, as it gives us the opportunity to interact outdoors, safely in-person. Our STREET and Ninas del Corazon prevention programs continue to serve adolescent youth. The Carol's Hope engagement center in St. Joseph continues to be a steady resource for those seeking substance use disorder resources.

As of June, we are thrilled announce our agency's new Executive Director, Chris Slater. Chris has a passion for our community and those we serve. Our work remains focused as we continue to meet the needs of clients during these still uncertain times. With your continued support, Community Healing Centers will remain a presence of hope, health, and healing in 2021 and into the future.

Gratefully,



**Mike Pioch**  
Interim Executive Director



**Colleen Semler**  
Board President



I could not be more grateful and honored to become the next Executive Director of an organization that is loved by the community and provides many critical services. I look forward to partnering with the staff and community to serve those most in need with dignity and respect. The work that is accomplished at the Community Healing Centers is at the center of my heart and I am excited to begin this wonderful journey."

**- Chris Slater, Executive Director**

# 2020 BOARD OF DIRECTORS

**Colleen Semler, President;** Community Volunteer/Pharmacist

**Lori Foor, Vice President;** Owner Comprehensive Grant Services

**Dr. Susan Bannon, Secretary;** Physician/Professor, WMU School of Medicine

**Joel Pellowe, Treasurer;** Sales Manager, Cornerstone Technology

**Melissa Hartridge, Immediate Past President;** Owner (retired) of Kalamazoo Plastics/Social Worker

**J. Scott Levene,** Owner (retired) IHS Distributing Co.

**Andy Dominianni,** TV Anchor, WWMT Channel 3

**Fred Einspahr,** Retired President/CEO SWMI Innovations Center

**Billee Lightvoet Ward,** Attorney, Dickinson Wright

**Eric Wimbley,** Executive Director, Pretty Lake Camp

**Tasha Turner,** Program Director of Trauma Informed Initiatives, Spectrum Lakeland Health

**Melinda Logan,** Retired Assistant Post Commander of the Michigan State Police, Niles

**Kelley Watson,** Commercial Insurance Advisor, Nulty Insurance

**Courtney Davis,** Deputy Health Officer, Berrien County Health Department

**Nancy Anderson,** Realtor, Berkshire Hathaway

**Melanie Kelley,** Compass Group

**David Thomas,** Executive Lieutenant, Kalamazoo Department of Public Safety

**Wei Wang,** Lawyer, Kreis, Enderle, Hudgins, & Borsos, P.C.

**Sterling Riethman,** Marketing & Events Manager, Bell's Brewery

## **Directors Emeriti:**

Elizabeth S. Upjohn Mason

Judge William G. Schma (retired)

Otto Kreuzer

Janice Brown, Ed.D.



As a physician in Kalamazoo, I see the hard realities of abuse and addiction right here in our community.

I joined the board at Community Healing Centers to partner with them and bridge my work at the medical school to educate our next generation of physicians. Offering treatment and prevention services to patients and their families is key to the success of recovery. This agency is dedicated to creating strong families and community members, so that babies are born healthy and drug free, children grow up loved and in a safe place, and individuals can feel connected to, and part of their community."

**- Susan F. Bannon MD, FACP**

# 2020 IMPACT NUMBERS

Community Healing Centers' programs and staff are dedicated to providing individuals with connections and resources to access the help they need; whether it's substance use disorder treatment, therapeutic support for a child, adult mental health services, or prevention for at-risk youth.

## CHILDREN'S SERVICES

### Early Intervention Program

This program is for parents and caregivers with infants and young children ages 0-6.

We provide intensive home-based therapy and case management services to families in Kalamazoo County.



82  
clients  
received  
954.5  
hours of  
treatment

### Treatment and Outreach

Children's Treatment and Outreach provides effective counseling and programming, so children and their families can learn how to address problems and challenges faced from past, future, or current experiences.

40 clients received 176  
hours of case management  
59 clients received 875  
hours of outpatient treatment



### Children's Advocacy Center

The Children's Advocacy Center of Kalamazoo is a caring, child-focused, safe place for children who have been sexually or severely physically abused. Our specially trained forensic interviewer works with an investigative team to further the prosecution of child abuse cases, while our therapeutic staff offer individual and group counseling to the child and non-offending family members.

338  
clients received  
1,403  
hours of  
treatment



## PREVENTION PROGRAMS

### S.T.R.E.E.T. After School & Summer Program

S.T.R.E.E.T. works to reduce "risk factors" in strategically targeted neighborhoods, such as the northside of Kalamazoo. By using a trauma focused approach, we provide services for boys ages 10-17 who are academically, socially, and emotionally delayed, or experience behavioral/mental health

problems as a reflection of vulnerabilities in the communities in which they live. The program is structured to eliminate racial barriers and stigmas that have a negative influence, as well as decrease underage drinking and drug use among adolescents.



25  
S.T.R.E.E.T.  
After School and  
Summer Program  
Participants

### Niñas del Corazón (Girls of the Heart)

Niñas del Corazón serves as a breezeway or haven for adolescent Latina girls ages 8 - 15 during critical after school hours. It is the first of its kind to be implemented in the region and implements an innovative approach to provide immediate support to address the needs and concerns of the community, while focusing on Latina girls and their families. It addresses low academic performance, underage drinking and drug use, acculturation trauma awareness, and social emotional skills development.

15  
Niñas del  
Corazón After  
School and  
Summer  
Participants



**"The STREET staff is exemplary in the way they engage, support, and encourage the young men. My son is making more mature decisions and weighing outcomes and consequences, which I feel is a direct result of the support from the STREET Program."**

**-STREET Participant Parent**

# ADULT OUTPATIENT MENTAL HEALTH AND RECOVERY SERVICES

Individuals interested in mental health counseling are assessed to identify needs, and treatment plans are developed to create a personalized therapeutic program. Our goal is to assist in managing symptoms while dealing with everyday stressors through basic life-skills training, peer support, relapse prevention planning, and individual, couple, and family sessions.

## KALAMAZOO OUTPATIENT

655 adults received 7,996 hours of mental health support, both in person with safety measures in place, and via telehealth.

## NILES OUTPATIENT

365 adults received 3,564 individual and group sessions. Services took place both in person with safety measures in place, and via telehealth.

1,020  
TOTAL ADULTS  
SERVED



# SUBSTANCE USE DISORDER TREATMENT & SUPPORT

## Recovery Services

For those seeking treatment for a substance use disorder, our Inpatient Gilmore Detox and Residential Program provides treatment and detoxification services.

We kept our doors open at Gilmore throughout the pandemic, serving **737** individuals struggling with substance use disorders.

**"I thank you for helping to give us the tools to deal with this disease. Kalamazoo needs so much more of the services you provide."**

**- Gilmore Client Family Member**



## Carol's Hope, Berrien County Engagement Center

Carol's Hope is a 24-hour crisis intervention facility that provides a supervised, supportive setting for individuals with substance use and co-occurring disorders. As an alternative to emergency room care, the center provides clients a welcoming environment where individuals can develop a Recovery Plan and connect to treatment and support services.

**2,046**  
calls for services

**184**  
walk ins

**153**  
stayed for services



## Women's Specialty Program

This program is designed to assist women with substance use disorders living in Kalamazoo County, who are currently uninsured or receive Medicaid, and who are pregnant or have children under the age of 18.

**11**  
healthy babies were born free from exposure to drugs or alcohol.



## Recovery Housing

Our Recovery Homes for men, women, and women with children, focus on creating a supportive environment that assists the client in being successful in their Recovery, while bringing them back to a stable and self-sufficient lifestyle.



## NIGHTS OF SOBER LIVING SHELTER:

Women: 4,205  
Children: 1,325  
Men: 2,791



# OUR MISSION

We strive to strengthen our communities by helping children, families, and adults heal from the trauma of abuse, substance use, and behavioral and mental health disorders. We believe that reaching out to our community with prevention, intervention and treatment services, is an effective, efficient way to deliver care, information, and support to those in need.

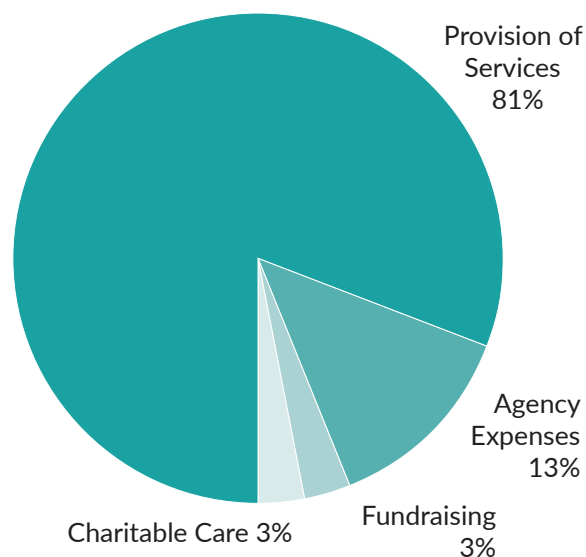


**COMMUNITY HEALING CENTERS**  
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(269) 343.1651  
[communityhealingcenter.org](http://communityhealingcenter.org)

## FINANCIAL SUMMARY

### Expenses



### Revenue

Government Contracts  
& Medicaid 72%

United Way 2%

Grants &  
Foundations 10%

Endowment 1%

Private Insurance,  
Client Fees 7%

Contributions 8%

