

**My name is Troy, and this is my story...**

**My two sisters and I were born to addicted parents. When I was 4 years old, my mother, tired of battling her disease, gave up and took her own life, and my father abandoned my siblings and me. Each of us were thrown into the foster care system, and bounced around several different homes. One year after my mother had passed away, my oldest sister died, while in foster care, of a brain tumor.**

**The foster home placements did not stop, and at the age of 14, I was introduced to drugs.**

**Despite my years of substance use, I eventually became a father to three beautiful children. As much as I loved my kids, my addiction got the best of me, and soon, I lost them to the system.**

**I needed to get help, and I called the Gilmore Community Healing Center. After completing their Program, I entered New Beginnings- Community Healing Centers' Recovery Home for men. For the next 10 months, I worked my program strictly, and proved to be successful in staying sober. Just in time for the Holidays in 2016, I gained full custody of my children.**

**My journey has been long and exhausting. Yet, in spite of the trauma and heartbreak I have faced, my desire to thrive has not faded. I've gained full time employment with the place that started me on my road to Recovery, the Gilmore Community Healing Center, and am now in the process of becoming a Recovery Coach. It is my goal to help others heal, and to stay strong and successful in my own Recovery.**

